



Pricing Options			
PROGRAM (4mo Contract)	PROGRAM DISCIPTION	Monthly Rate	Bi-Weekly Rate
Starter	Fitness Classes : Monday - Thursday 5:30pm, 6:30pm, 7:30p	\$60.00	\$30.00
Tone It and Lose It	Fitness Classes : Monday - Thursday 5:30pm, 6:30pm, 7:30p <i>Plus+ 2 Weekly Private Training sessions.</i>	\$210.00	\$105.00
Too Fit to Quit	Fitness Classes : Monday - Thursday 5:30pm, 6:30pm, 7:30p <i>Plus+ 2 Weekly Private Training session</i> <i>HFG Nutrition Plan</i> <i>Make-up Session Option</i>	\$250.00	\$125.00
Tommy Tuck	Fitness Classes : Monday - Thursday 5:30pm, 6:30pm, 7:30p <i>Plus+ 3 Weekly Private Training sessions</i> <i>HFG Nutrition Plan</i> <i>Make-up Session Option</i>	\$300.00	\$150.00
Guru Beast	Fitness Classes : Monday - Thursday 5:30pm, 6:30pm, 7:30p <i>Plus+ 4 Weekly Private Training sessions</i> <i>HFG Nutrition Plan</i> <i>Make-up Session Option</i>	\$350.00	\$175.00
Guru Beast Flex	Fitness Classes : Monday - Thursday 5:30pm, 6:30pm, 7:30p <i>Plus+ UNLIMITED Weekly Private Training sessions</i> <i>HFG Nutrition Plan</i> <i>Make-up Session Option</i>	\$450.00	\$225.00

For questions please contact us
 PH: 903.293.4931
 Address: 8715 Stella Link Dr. Houston, TX 77025
 HoustonFitnessGuru@yahoo.com



Our 90 day transformation challenge is designed to do exactly what it says, **TRANSFORM YOU!** Our challenge is designed to help you reach your goal whether it is to flatten your stomach, lose the love handles, attack the back fat, lift & tighten the booty, or to just become healthier. Here are some of the perks that are all inclusive benefits that you can expect with the \$150.00 monthly registration fee for our 90 Day Transformation Challenge:

Key Benefits

- > Personal Coaching
- > Personal Workout Plan
- > Nutrition planning
- > Weight & Body Fat Measurement
- > Private Training Classes
- > Group Fitness Classes

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